



## Generic Risk Assessment Aeroball

Hazard	Expected Outcome	Who is Affected?	Risk Before	Action Taken	Risk After
Faulty equipment	Injuries caused by faulty equipment, e.g. cuts, bruises, abrasions	Group	Low	<ul style="list-style-type: none"> <li>Equipment to be checked prior to use in accordance with In2action policy.</li> <li>Monthly safety checks to be carried out by chief instructor.</li> </ul>	Low
Incorrect landing	Muscle sprain or strain	Group	Medium	<ul style="list-style-type: none"> <li>Instructor to ensure that all participants know how to bounce and stop effectively.</li> <li>No somersaults to be attempted.</li> </ul>	Low
Aeroball springs	Pinched or cut fingers/ hands	Group	Medium	<ul style="list-style-type: none"> <li>Group must be warned to keep their hands away from the springs.</li> </ul>	Low
Incorrect mounting/ dismounting of Aeroball	Injury from falling, e.g. bruising, broken bones	Group	Medium	<ul style="list-style-type: none"> <li>Instructor must demonstrate a safe, stable method of mounting and dismounting.</li> <li>Instructor to monitor mount/ dismount of all participants.</li> </ul>	Low
Insufficient warm up	Muscle sprain or strain	Group	Medium	<ul style="list-style-type: none"> <li>All participants must carry out a thorough and appropriate warm up prior to entering the Aeroball.</li> </ul>	Low
Setting up Aeroball bed	Cut and bruises from springs	Instructor	Medium	<ul style="list-style-type: none"> <li>Only trained Instructors should set up the Aeroball.</li> <li>Aeroball must be set up in accordance with training.</li> </ul>	Low
Shoes	Sprained ankle	Group	Medium	<ul style="list-style-type: none"> <li>Participants are to remove shoes prior to entering the Aeroball.</li> </ul>	Low
Aeroball netting	Friction burns	Group	Medium	<ul style="list-style-type: none"> <li>Instructor to brief group on hazard and group should bounce in the middle of the bed.</li> <li>Instructor to warn group not to hang from the nets.</li> </ul>	Low