



Generic Risk Assessment Fencing

Hazard	Risk	Who is Affected?	Risk Before			Action Taken	Risk After		
			S	L	T		S	L	T
Equipment	Misuse of equipment leading to injuries due to being hit e.g. bruises, cuts and abrasions	All	3	3	9	<ul style="list-style-type: none"> Participants to be briefed on safe practice for carrying and behaving with foils. 	3	1	3
	Wearing incorrectly, causing injury due to being struck by a foil	Participants	2	3	6	<ul style="list-style-type: none"> All participants must wear full protective clothing. In2action Staff Member to remain vigilant of protective equipment whilst participants are fencing. 	2	1	2
Participants/spectators in activity area without masks	Injury due to being struck by foil	All	4	3	12	<ul style="list-style-type: none"> In2action Staff Member to give safety talk about boundaries of area. In2action Staff Member to set up defined safety area. All participants without masks, and spectators, to remain in the designated waiting area. 	4	1	4
Faulty Equipment	Injury due to faulty equipment	Participants	2	3	6	<ul style="list-style-type: none"> All equipment should be checked prior to use and during. 	2	1	2
Objects in activity area	Injury from collisions with objects, causing bruises, cuts and abrasions	Team	2	2	4	<ul style="list-style-type: none"> Activity area must be clear of all obstructions. Any equipment not in use should be removed from the activity area. 	2	1	2
Participants	Collisions with other participants causing concussion, bruises or	Participants	2	2	4	<ul style="list-style-type: none"> In2action Staff Member to ensure participants are spaced apart when activity takes place. In2action Staff Member to ensure there is good participant control during the session. 	2	1	2

	abrasions								
Surfaces	Hard, uneven or slippery surfaces causing slips, trips and falls	Team	3	2	6	<ul style="list-style-type: none"> Area checked for hazards before session. Participants checked to ensure they are wearing suitable footwear. 	3	1	3
Non Participants	Encroachment, causing injury from being hit by foil	Public	3	2	6	<ul style="list-style-type: none"> When not in a sole use area, a clear boundary must be set up to define activity area. In2action Staff Member to be aware at all times of anyone approaching the area. Appropriate signage to be in place prior to start of session. 	3	1	3
Jewellery/Objects in Pockets	Entrapment/ collisions causing cuts, bruises and abrasions	Participants	2	2	4	<ul style="list-style-type: none"> Participants checked to ensure they have removed jewellery and objects from pockets. 	2	1	2
Over-exertion	Muscle strains	Participants	3	2	6	<ul style="list-style-type: none"> In2action Staff Member to ensure a thorough warm-up is carried out prior to the activity starting. 	3	1	3
Weather	Risk of sunburn, heat exhaustion and dehydration; or hyperthermia during activity	Team	3	2	6	<ul style="list-style-type: none"> Ensure regular water breaks are taken. If it is hot, ensure participants wear sun cream and hats and there is a shaded area available. If it is cold, ensure participants are wearing suitable clothing to keep warm. 	3	1	3
Insufficient warm up	Muscle sprain or strain	Participants	3	2	6	<ul style="list-style-type: none"> All participants must carry out a thorough and appropriate warm up prior to fencing. 	3	1	3