

Beat the Elite

Generic Risk Assessment



| Hazard | Risk | Who is Affected? | Action Taken | Risk After | | | Risk Rating |
|--------------------|-------------------------------------------------------------------------------------------|-----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------|---|---|-------------|
| | | | | S | L | T | |
| Faulty Equipment | Injury due to equipment breaking and hitting participant e.g. bruises, cuts and abrasions | Participants, In2action Staff, Teachers | <ul style="list-style-type: none"> Check equipment prior to and during the session. | 3 | 1 | 3 | Low |
| Equipment | Misuse of equipment leading to injuries due to being hit e.g. bruises, cuts and abrasions | Participants, In2action Staff, Teachers | <ul style="list-style-type: none"> Brief participants on the correct usage of the equipment. Remain vigilant to ensure participants are using equipment as briefed. Participants to be adequately spaced out before using equipment. | 3 | 1 | 3 | Low |
| Activity equipment | Collisions causing bruises, cuts & abrasion | Participants, In2action Staff, Teachers | <ul style="list-style-type: none"> Place any equipment not in use in a safe area. | 2 | 1 | 2 | Low |
| Participants | Collisions with other participants causing concussion, bruises or abrasions | Participants | <ul style="list-style-type: none"> Ensure participants are spaced apart when activity takes place. Ensure there is good participant control during the session. | 2 | 1 | 2 | Low |
| Surfaces | Hard, uneven or slippery surfaces causing slips, trips and falls | Participants, In2action Staff, Teachers | <ul style="list-style-type: none"> Check area for hazards before session. Check participants are wearing suitable footwear. | 3 | 1 | 3 | Low |
| Over-exertion | Muscle strains | Participants | <ul style="list-style-type: none"> Do a thorough warm-up prior to the activity starting. | 3 | 1 | 3 | Low |

| | | | | | | | |
|----------------------|-----------------------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---|---|---|-----|
| Weather | Risk of sunburn, heat exhaustion and dehydration; or hyperthermia during activity | Participants, In2action Staff, Teachers | <ul style="list-style-type: none"> • Ensure regular water breaks are taken. • If it is hot, ensure participants wear sun cream and hats and there is a shaded area available. • If it is cold, ensure participants are wearing suitable clothing to keep warm. | 3 | 1 | 3 | Low |
| Insufficient warm up | Muscle sprain or strain | Participants | <ul style="list-style-type: none"> • Carry out a thorough warm up with all participants prior to playing games. | 3 | 1 | 3 | Low |
| Lost Child | Lack of supervision leading to injuries | Participants | <ul style="list-style-type: none"> • During a signed in activity, the Generic Kids Club Operating Policy to be followed for signing in and out, and walkabouts. • Carry out regular head counts and remain vigilant at all times. | 3 | 1 | 3 | Low |

NB: If the Aeroball or Archery activities are to be used during the session, the relevant risk assessment must be used in conjunction with this document.