

Low Ropes

Generic Risk Assessment

Hazard	Risk	Who is Affected?	Risk Before			Action Taken	Risk After		
			S	L	T		S	L	T
Faulty Equipment	Injury due to equipment breaking and hitting participant e.g. bruises, cuts and abrasions, sprains and strains	Team	3	2	6	<ul style="list-style-type: none"> All equipment should be checked by the staff member prior to and during the session. 	3	1	3
Equipment	Misuse of equipment leading to injuries due to being hit e.g. bruises, cuts and abrasions,	Team	3	2	6	<ul style="list-style-type: none"> Staff member to brief participants on the correct usage of the equipment. Staff member should remain vigilant to ensure participants are using equipment as briefed. Participants to be adequately spaced out before using equipment. 	3	1	3
Activity equipment	Collisions causing bruises, cuts & abrasion	Team	2	2	4	<ul style="list-style-type: none"> Any equipment not in use should be removed from the activity area. Staff member to brief participants to be aware of the course and not to run around the course. 	2	1	2
Participants	Collisions with other participants causing concussion, bruises or abrasions	Participants	2	2	4	<ul style="list-style-type: none"> Staff member to ensure participants are spaced apart when activity takes place. Staff member to ensure there is good participant control during the session. 	2	1	2
Surfaces	Hard, uneven or slippery surfaces causing slips, trips and falls	Team	3	2	6	<ul style="list-style-type: none"> Area checked for hazards before session. Participants checked to ensure they are wearing suitable footwear. Participants to be briefed to be aware of uneven surfaces. 	3	1	3

Rope	Entanglement, rope burn or abrasions	Team	3	2	6	<ul style="list-style-type: none"> Staff member to explain the risk of misuse of the rope. Staff member to remain vigilant while the participants are using the ropes on the course. 	3	1	3
Vegetation	Ingestion/illness caused by touching/ingesting vegetation	Participants	3	2	6	<ul style="list-style-type: none"> Report any vegetation that may be overhanging the course, before the start of the session. Staff member to remain vigilant and ensure participants are staying clear of any surrounding vegetation. 	3	1	3
Falls from the course	Injuries due to falls from the course e.g. cuts, bruises, abrasions, sprains, broken bones, head injuries	Participants	3	2	6	<ul style="list-style-type: none"> Staff member to ensure spotting taking places when participants are on the course. Staff member to ensure correct spotting techniques are shown to participants. Staff member to ensure helmets are worn at all times when on the course. 	3	1	3
Jewellery/Objects in Pockets	Entrapment/collisions causing cuts, bruises and abrasions	Participants	2	2	4	<ul style="list-style-type: none"> Participants checked to ensure they have removed jewellery and objects from pockets. 	2	1	2
Weather	Risk of sunburn, heat exhaustion and dehydration; or hyperthermia during activity	Team	3	2	6	<ul style="list-style-type: none"> Ensure regular water breaks are taken. If it is hot, ensure participants wear sun cream and hats and there is a shaded area available. If it is cold, ensure participants are wearing suitable clothing to keep warm. 	3	1	3
Lost Child	Lack of supervision leading to injuries	Participants	3	2	6	<ul style="list-style-type: none"> During a signed in activity, the Generic Kids Club Operating Policy to be followed for signing in and out, and walkabouts. Staff member to carry out regular head counts and remain vigilant at all times. 	3	1	3